



Opportunities for Reflective Practice

Providing Parent-to-parent Connections

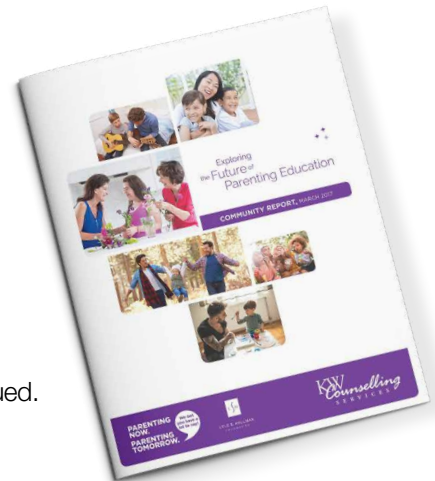
- “Meaningful parent engagement means providing opportunities for parents to connect with other caring adults without feeling guilty for taking time for themselves.”
- “Having time to reflect and to talk about our children reframed the way I think about them and understand that they have their own way of being.”



Parenting is Intensely “Self-reflective”

- Parents assess the quality of their experiences through the eyes of their children, the people around them and their own actions and feelings.
- Parents turn to sources such as books, courses and websites for *information* but to each other for *learning*.
- Parents learn best through connection with other parents, exploration and observation, practical and useful ideas, and when diversity is valued.

– *Exploring the Future of Parenting Education Community Report, March 2017, p. 2*



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